

Specimen Collection Guide for Common Tests ordered at a Skilled Nursing Facility (SNF)

BLOOD TESTS

TEST NAME	LAB CODE	TEST TUBE	TOP	SPIN	SPECIMEN HANDLING	TRANSPORT TEMPERATURE
25-OH Vitamin D, Total	LAB535	Gold Top		Yes	Let sit 30 min before spinning.	Room Temp
Albumin	LAB45	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Ammonia	LAB47	Green Top		Yes	Spin immediately, aliquot. Freeze w/in 30 min.	Frozen
Antinuclear Antibody (ANA) IFA Screen w/ Reflex ENA	LAB9279	Gold Top		Yes	Let sit 30 min before spinning.	Refrigerate
Basic Metabolic Panel	LAB15	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Blood Urea Nitrogen (BUN)	LAB140	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Calcium	LAB53	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
CBC	LAB294	Lavender Top		No	Gently mix after collection.	Room Temp
CBC w/ Auto Diff	LAB1748	Lavender Top		No	Gently mix after collection.	Room Temp
CK	LAB62	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Comprehensive Metabolic Panel	LAB17	Gold Top		Yes	Let sit 30 min before spinning.	Room Temp
Creatinine	LAB66	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
CRP (C-Reactive Protein)	LAB149	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
CRP, High Sensitivity (hsCRP) Cardiovascular Risk	LAB150	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
EBV Antibody Profile	LAB10680	Gold Top		Yes	Let sit 30 min before spinning.	Room Temp
Estradiol	LAB523	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Ferritin	LAB68	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Glucose	LAB81	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Hemoglobin A1c w/EAG	LAB90	Lavender Top		No	Gently mix after collection.	Room Temp
Hepatic Function Panel	LAB20	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Herpes simplex 1 and 2 IgG	LAB9407	Gold Top		Yes	Let sit 30 min before spinning.	Refrigerate
HIV 1/2 Antibody, P24 Antigen with Confirmation	LAB9477	Gold Top		Yes	Let sit 30 min before spinning.	Refrigerate
Insulin	LAB527	Gold Top		Yes	Let sit 30 min before spinning.	Room Temp
Iron and TIBC Panel	LAB829	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Iron, Total	LAB94	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Lactate Dehydrogenase (LDH)	LAB96	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Lipid Panel	LAB18	Gold Top		Yes	Let sit 30 min before spinning.	Room Temp
Magnesium	LAB103	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
NT-proBNP	LAB106	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp

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BLOOD TESTS (continued)

TEST NAME	LAB CODE	KIT OR TUBE	TOP	SPIN	SPECIMEN HANDLING	TRANSPORT TEMPERATURE
Parathyroid Hormone (PTH), Intact	LAB108	Lavender Top		Yes	Spin immediately, aliquot. Freeze.	Frozen
Phenytoin (Dilantin)	LAB31	Gold or Green Top		Yes	Let sit 30 min before spinning.	Refrigerate
Phosphorus	LAB113	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Potassium	LAB114	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Prealbumin	LAB115	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Prostate-Specific Antigen (PSA)	LAB116	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Protime-INR	LAB320	Blue top		No	Fill tube completely. Gently mix.	Room Temp
PT and PTT	LAB9089	Blue top		No	Fill tube completely. Gently mix.	Room Temp
PTT, Activated (aPTT)	LAB325	Blue top		No	Fill tube completely. Gently mix.	Room Temp
Renal Function Panel	LAB19	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Reticulocytes	LAB296	Lavender Top		No	Gently mix after collection.	Room Temp
RPR with Reflex to Syphilis Antibody & RPR Titer	LAB494	Gold Top		Yes	Let sit 30 min before spinning.	Refrigerate
Sedimentation Rate	LAB322	Lavender Top		No	Gently mix after collection.	Refrigerate
Syphilis (Treponema pallidum) Cascade Diagnostic	LAB101002	Gold Top		Yes	Let sit 30 min before spinning.	Refrigerate
T3 (Triiodothyronine), Free	LAB137	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
T4 (Thyroxine), Free	LAB127	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Testosterone, Total, Free, and Bioavailable	LAB8624	Gold or Green Top		Yes	Let sit 30 min before spinning.	Refrigerate
Thyroid Panel	LAB9150	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Thyroid Peroxidase Antibody (TPO)	LAB858	Gold Top		Yes	Let sit 30 min before spinning.	Refrigerate
Thyroid Reflex Panel	LAB9168	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Triglycerides	LAB134	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
TSH Ultrasensitive	LAB9167	Gold Top		Yes	Let sit 30 min before spinning.	Room Temp
Uric Acid	LAB141	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Valproic Acid (Depakote)	LAB24	Gold or Green Top		Yes	Let sit 30 min before spinning.	Refrigerate
Vancomycin Trough	LAB39	Gold or Green Top		Yes	Let sit 30 min before spinning.	Refrigerate
Vitamin B12	LAB67	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp
Vitamin B12 and Folate	LAB9301	Gold or Green Top		Yes	Let sit 30 min before spinning.	Room Temp













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URINE, STOOL, SWABS

TEST NAME	LAB CODE	SPECIMEN	KIT OR TUBE	SPECIMEN HANDLING	TRANSPORT TEMPERATURE
Blood Stool, Immunochemical	LAB694	Stool	iFOB Stool collection kit	Follow collection kit instructions	Room Temp
Chlamydia trachomatis / Neisseria gonorrhoeae rRNA	LAB9350	Swab	Refer to CT/GC guide	Refer to collection guide for CT/GC	Refrigerate
COVID-19 (Hologic)	LAB10742	Swab	UTM/VTM	Let sit 30 min before centrifuging	Refrigerate
Group A Strep Screen Culture, Throat	LAB236	Swab	eSwab or Red Top swab	Refrigerate	Refrigerate
Helicobacter pylori Breath Test (Urea Breath Test/UBT)	LAB572	Breath	BreathID® Hp Breath Test	Follow collection kit instructions	Room Temp
MRSA Culture	LAB234	Swab	eSwab or Red Top swab	Include specimen source	Refrigerate
Stool Culture (includes E coli Shiga Toxin 1 and 2)	LAB223	Stool	Stool C&S (orange)	Add stool to bring liquid level to FILL line. DO NOT OVER/UNDER FILL.	Room Temp
Throat Culture	LAB228	Swab	eSwab or Red Top swab	Refrigerate	Refrigerate
Urinalysis with Microscopic	LAB348	Urine Midstream	BD Urine RED/YELLOW or Sterile container	Red/Yellow: If 7 mL use Red/Yellow tube If <7 mL use sterile container	Refrigerate
Urine Culture	LAB239	Urine Midstream	BD URINE GREY Tube or Sterile container	If > 4 mL use Grey Top If <4 mL use sterile container	Refrigerate
Urinalysis with Microscopic (Reflex Culture if indicated)	LAB9468	Urine Midstream	BD Urine red/yellow Tube AND Grey Tube	Red/Yellow: If 7 mL use Red/Yellow tube If <7 mL use sterile container Grey: If > 4 mL use Grey Top If <4 mL use sterile container	Refrigerate
Wound Culture and Gram Stain, Aerobic	LAB503	Swab	eSwab or Red Top swab	Specimen source is required	Refrigerate






LEGEND/KEY TERMS	
ALIUQUOT	TRANSFER SERUM OR PLASMA TO SEPARATE TUBE
BD URINE RED/YELLOW & GREY TUBES	BD VACUTAINER URINE (RED/YELLOW TOP) AND BD VACUTAINER URINE C&S (GREY TOP)
BD URINE GREY TUBE	BD VACUTAINER GREY TOP URINE CULTURE TRANSPORT TUBE (KIT) OR STERILE CONTAINER
BD URINE RED/YELLOW TUBE	BD VACUTAINER URINE TRANSPORT TUBE (RED/YELLOW TOP TUBE)
GENTLY MIX	GENTLY INVERT THE BLOOD TUBE 5-8 TIMES
LET SIT/CLOT TIME	TIME NEEDED AFTER BLOOD IS COLLECTED BEFORE CENTRIFUGING (SPINNING)
SPIN or SPINNING	CENTRIFUGE OR CENTRIFUGING OF THE SPECIMEN TO SEPARATE FLUID FROM CELLS
W/IN	WITHIN
ROOM TEMP/ROOM TEMPERATURE/AMBIENT	59-77 °F (15-25 °C)
REFRIGERATE	36-46 °F (2-8 °C)
FREEZE/FROZEN	4 °F (-20 °C)

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URINE			BLOOD TUBES			
BD URINE CULTURE (C&S) PRESERVATIVE	BD URINALYSIS PRESERVATIVE	STERILE CONTAINER	Gold Top	Green Top	Lavender Top	Blue Top
Urine Grey Top Tube	Urine Red/Yellow Top	Urinalysis/Urine Culture	Serum gel-barrier (SST)	Plasma gel-barrier (PST) Lithium Heparin (LiHep)	Plasma EDTA	Plasma Sodium Citrate
						
SWABS			STOOL		BREATH	
UTM	eSWAB		Fecal Occult Blood (iFOB)	Stool C&S (orange)	Breath ID Hp	
COVID-19	Cultures		Blood Stool, immunochemical	Stool Culture/E.coli Shiga toxin	Helicobacter pylori Breath Test (UBT)	
Swab COVID-19: Nasal or NP	Swab Throat or Wound (aerobic)		Stool: Follow kit instructions	Stool: Add stool to bring liquid up to FILL line.	Breath ID Hp: Follow kit instructions	
						

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CHLAMYDIA TRACHOMATIS / NEISSERIA GONORRHOEAE RNA COLLECTION GUIDE

COLLECTION CONTAINER NAME:	APTIMA® MULTITEST (orange label)	APTIMA® UNISEX (white label)	APTIMA® Urine Specimen Collection Kit (yellow label)	STERILE CONTAINER	ThinPrep® VIAL
COLLECTION CONTAINER IMAGE:					
CERVICAL					♀
ENDOCERVICAL		♀			
VAGINAL	♀				
URETHRAL		♂			
THROAT/ PHARYNGEAL	♀	♀ ♂ ♀			
RECTAL	♀	♀ ♂ ♀			
URINE (First Catch)			♀ ♂ ♀	♀ ♂ ♀	
♀ = Acceptable for Females ♂ = Acceptable for Males ♀♂ = Acceptable for Transgender					